

Shadyside Family Guidelines/Summer Athletics/Covid-19:

Practice social distancing at all times; including vacations.

Continue with hand washing on a regular basis.

Wear a mask when going outside, shopping, or any socialization.

Monitor your child's temperature several times during the week.

Ask your child daily how they are feeling.

Recognize symptoms to help determine if your child needs tested.

Upon returning from vacation, consider ONE of the following:

Quarantine your child for 14 days.

Have your child tested for Covid-19

Have your child wear an N-95 mask when participating in summer athletic activities.

Keep your child home when not involved in summer athletic activities.

PLEASE UNDERSTAND THAT THE ABOVE ARE ONLY SUGGESTIONS AND GUIDELINES FOR YOU TO CONSIDER. WE ALL WANT TO HAVE SCHOOL AND SPORTS START UP IN THE FALL. IN ORDER FOR THIS TO HAPPEN, WE NEED TO WORK TOGETHER.

Shadyside 2020 Summer Athletic Guidelines for Covid-19

All Head Coaches will be responsible for following these guidelines.

We will begin with a combination of Phases 1 and 2. More than 10 people can gather, but kids can only work in groups of 10 or less. In addition, these groups cannot mix with other groups during any one gathering.

Temperatures will be taken for each participant prior to any physical activity taking place. The taking of temperatures will ONLY be done with the use of a digital/laser thermometer. We have purchased some and they will be made available to you. IF you have a session scheduled and no thermometer is available, you can proceed without taking the temperature. Just let me know you had a practice and did not take temperatures and I'll make sure you have one for your next practice. NO ORAL THERMOMETERS WILL BE USED FROM THIS POINT FORWARD.

There is a form provided in the email I sent you from OHSAA. You are to document all information on that specific form. Anyone who answers positive to any of the questions on this form should be sent home immediately. Please keep those forms with you until the summer months have concluded. At that point I will collect them.

Social distancing guidelines will be followed at ALL TIMES. Keep all kids 6 ft apart during every aspect of summer conditioning. Work in groups of 10 or less.

All coaches WILL WEAR MASKS for all summer workouts. Kids do not have to wear them while engaged in physical activity, but are permitted and encouraged to have them while in a resting, stationary, or educational setting.

All equipment will be wiped clean after each use. This may result in using multiple pieces of equipment, such as footballs, volleyballs, and basketballs.

There will be no use of locker rooms or weight rooms until 2 weeks have passed in the month of June. At that point, kids and coaches

can access those areas; but all social distancing policies will remain in affect and must be enforced in those areas.

The school will reimburse you for any money spent on cleaning supplies for your team. Just get receipts to me and I will see that you get your money back.

Remember that this reopening is referred to as INDIVIDUAL SKILL TRAINING. No scrimmages or competitions with other schools are permitted during this time. There will be more information to come about 7 on 7's and other scrimmages.

***John Triveri
Athletic Director
Shadyside High School***

**** The Governor's Office has since relaxed the guideline effective June 22. Large groups are now permitted to gather both indoor and outdoor, but still encourage teams to separate and work in smaller groups.***